

CULINARY WORKSHOP SAMPLE

“A SLICE” OF FRENCH LIFE:
MARKET TOUR, APÉRO & BISTRO CLASSICS WORKSHOP (6 hours)

An experience that combines a market tour and a culinary workshop, this atelier was designed for a group of travelling couples who wanted to spend an afternoon and evening stepping into the world of Parisian cuisine like a local - first by visiting a market to procure ingredients and then by enjoying a traditional French apéro and workshop where they learned to prepare (*and then enjoy, bien sûr!*) a dinner of classic Parisian bistro dishes.



3:00 PM- WELCOME + MARKET TOUR

Explore the historic Marché Saint-Germain with 2 Parisian chefs and locals who will help teach you how to navigate the market and learn about their cultural and social significance in French life while you shop for ingredients for your workshop.

4:30 PM.-THE ART OF FRENCH APÉRO

Stimulate your appetite while relaxing and socializing as the French do - with an apéritif alongside light bites from the market. Enjoy a glass of champagne or Pastis (*or both!*) as you prepare for the workshop ahead.

6:00PM - PARISIAN BISTRO CLASSICS WORKSHOP & DINNER

- Poireau Vinaigrette
- Steak Frites w. Béarnaise Sauce
- Mousse au Chocolat

Learn to make bistro classics and then enjoy the fruits of your labours in a relaxing 3 course meal with wine. You'll be sent home with a full recipe booklet and small equipment required to replicate your creations at home.